

# Dear member!

Our gym is still open for asymptomatic people, but we all need to help reduce the spread of infection. Due to the new Pandemic Law, from now on you have to book all your training here at Sportlife. This is to ensure that no too many people are staying at the gym at the same time.

A maximum of 12 people can stay here at the same time.

You can book your training between kl. 05.00-21.00.

You must be out of the gym no later than kl. 22.00.

To book, visit: <https://sportlifevindeltidsbokning.nsz.se>.

**A training session is 60 minutes. It is very important that you keep you booked time so that as many people as possible can train at the desired time.**

This restriction applies until further notice. We follow our authorities decisions and this may therefore change.

Remember to keep your distance, be sure you wash your hands and clean exercise equipment after you used it.

Thanks for your consideration!

For questions please email:

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